



# Johnson County Community Health Services

JOHNSON COUNTY  
COMMUNITY HEALTH SERVICES  
*Home Health • Public Health • Hospice*

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723 PCA Road  
Warrensburg, MO 64093  
660-747-6121

## National Public Health Week April 6-12

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Johnson County Community Health Services will be kicking off **National Public Health Week** with a **Reception and Ribbon Cutting** on **Monday, April 6, 2015 at 10:00 a.m.** It will be held at our facility located at 723 PCA Road, Warrensburg, MO. **Everyone is invited to attend!!** Come join us as the County Commissioners sign a proclamation and the Warrensburg Chamber of Commerce does a Ribbon Cutting. We will be announcing our focus points for each day. Refreshments will be served.



### Please Join Us!!

*Ribbon Cutting Ceremony  
And Reception*

**Monday, April 6, 2015**

**10:00-11:00 a.m.**

**723 PCA Road**

**Warrensburg, MO**

This year's theme is

**Public Health:  
Better Health. Better Missouri.**

## “Improving Your Quality of Life”

Good personal health is connected to good public health. Each individual has an impact on the health of the nation. Public Health continues to improve the health of

individuals and communities. Missouri consists of 115 local public health agencies and 10 area agencies on aging that assist promoting, educating and protecting Mis-

sourians' health and safety. From the beginning of life to the end of life, public health surrounds you.



## National Volunteer Appreciation Week



A Word from the Johnson County Community Health Services' Hospice Volunteer Coordinator, Pam Bryson:

National Volunteer

Appreciation Week is April 12-18, 2015 and Johnson County Community Health Services wants to recognize the contribution of 20 amazing active volunteers! We are

so fortunate at Johnson County Hospice to have a fantastic volunteer team who give of their time in an unmeasurable way. From compassionate care in the home to fixing meals for our patients to administrative duties that keep our bereavement program running smoothly, our Hospice Volunteers are there to step in when needed. We love celebrating them and all they do!

In addition to caring for our patients, our volunteers also attend events, fundraise and advocate for Hospice. Thank you just doesn't seem like enough, but we hope all of our volunteers know how valued and appreciated their time and talents are to us. In April, **we celebrate You!!**



## Stress Awareness Month

April is Stress Awareness Month! Stress Awareness Month has been recognized every April since 1992. During this month, healthcare professionals and health promotion experts join together to increase public awareness about the causes and the cures of stress.

Dr. Morton C. Orman, M.D. and Founder and Director of the Health Resource Network, states, "Even though we've learned a lot about stress in the past twenty years, we've got a long way to go. New information is now available that could help millions of Americans eliminate their suffering."

For more information on stress and the causes and cures, please contact our office (660-747-6121) and speak to one of our Public Health Nurses.



## STD Awareness Month

The Centers for Disease Control and Prevention states that STD Awareness Month provides an opportunity to clear up myths about STD prevention and testing. They encourage you to Know the Facts and GYT: Get Yourself Tested. GYT is a youthful, empowering, social movement to encourage young people to get tested and

treated for STDs and HIV as needed. STD test are quick and simple. Johnson County Community Health Services can provide this service for you by appointment and for a

nominal fee.

For more information come by Johnson County Community Health Services at 723 PCA Road, Warrensburg, MO or give one of our Public Health Nurses a call at 660-747-6121.





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*"Improving Your Quality of Life"*



**Event Calendar**

**Food Safety Classes:**  
4/7: Food Safety @ 10  
4/23: Food Safety @ 2

**CPR/First Aid:**  
4/9 @ 9

**Other Events:**  
4/10: Childbirth Education @ 9  
4/21: School Health Meeting @ 3:30  
4/22: WIC Breastfeeding Class @ 3  
4/23: Board Of Trustees Meeting  
4/28: CCHC @ 6:30  
WIC: Warrensburg 7:30-6pm M-F  
Holden 9-3:30 pm First, Second & Third Wednesdays

## National Safe Kids Day

Millions of children die each year from preventable injuries!

According to [www.safekids.org](http://www.safekids.org), most people are surprised to learn that preventable injuries—things like car crashes, drownings, fires and falls—are the leading cause of death to kids in the United States.

Safe Kids Day, presented by



**Nationwide**, and is a day to celebrate kids, prevent injuries and save lives.

**They say you can get involved by:**

- \*Making a donation to support the Safe Kids Day campaign.
- \*Become a fundraiser to encourage your friends and family to help protect children.
- \*Attend a Safe Kids Day event in your community.
- \*Spread the word about Safe Kids Day.

