



JOHNSON COUNTY COMMUNITY HEALTH SERVICES

Home Health • Public Health • Hospice
“Improving Your Quality of Life”

723 PCA Road Warrensburg, MO 64093

(660) 747-6121

www.johnsoncountyhealth.org

Community Newsletter

March 2015

Event Calendar for March 2015

Food Safety Classes:

3/3: Food Safety @ 10

3/26: Food Safety @ 2

CPR/First Aid:

3/12 @ 9

Other Events:

3/5: Professionals In Aging @ 7

3/24: CCHC Training @ 6:30 pm

3/26: Board of Trustees Meeting

3/27-3/28: KOKO Spring Expo

WIC:

Warrensburg:

7:30-6 M-F

Holden:

First, Second, & Third
Wednesdays
from 9 to 3:30



First Day of Spring
March 20th!!



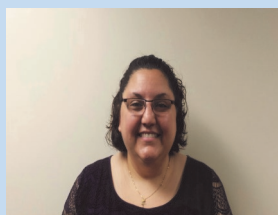
2015
PATIENT SAFETY AWARENESS WEEK™
UNITED in Safety

March 8-14

sponsored by
NPSF

“Everyone in the health care process plays a role in delivering safe care and by uniting together and sharing that common goal, we can make a difference in patient safety!” —*National Patient Safety Foundation*

Thank you,
Social Workers!
March is National Social Work Month



Carrie Cornwell, LMSW & Jennifer Watson, BSW

Thank you for your hard work and dedication!

-Johnson County Community Health Services



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With Spring approaching we turn our attention to Severe Weather Preparedness. It is important that everyone be prepared ahead of time and have a plan in place for severe weather.

Missouri Department of Health & Senior Services

has a **Ready in 3** program:

- 1. Create a Plan:** Sit down and talk to your family about how you will reach each other in different situations. Designate two family meeting places, one near the home and one further away. Make plans for different situations, for example, if you are staying home or if you have to leave the home. Know ahead of time where you will go if you have to leave.
- 2. Prepare a Kit:** You will need a kit for home, work and car. Your **Home Kit** will need to include: 1 gallon of water/person/day (have enough for 3 days), nonperishable food items and a manual can opener, battery powered radio, flashlight, extra batteries, list of prescription medication, and a first-aid kit. Your **Car Kit** will need to include: a gallon of water, several cans of food, manual can opener, blankets, sleeping bag, money, and first-aid supplies. Your **Work Kit** will need to include: your own supply of water and canned food, flashlight, battery-powered radio, change of clothes, and a pair of strong, practical shoes or boots.
- 3. Listen for Information:** It's important to stay calm and get as much information about the situation as possible. Be sure and have a battery-powered radio with extra batteries.

This information was found at the Missouri Department of Health and Senior Services' Website. The Missouri Ready in 3 Program also provides free family safety guides to help prepare your family and household. More information can be found at health.mo.gov/emergencies/readyin3/